



Parent Information Sheet

Supporting Fast & Cluttered Speech

1. **Liaise** - Liaise with your child's Speech & Language Therapist & your child's Class Teacher / SENCO.
2. **Be Honest** – Tell your child the truth and say, “I couldn't understand that, you spoke very quickly”, rather than “slow down”. This helps your child understand where the breakdown occurred and how to remedy it.
3. **Practice** - Give your child little communication tasks such as practicing their 'slow enough' speech so the other person understands them. Find a strategy or trick that will help your child keep to a slow speed e.g. subtly tapping the side of his/her leg as he/she speaks.
4. **Reading** - Practice reading sentences or paragraphs out loud while using slow speech and the strategy chosen. Encourage your child to think about how it feels and sounds to speak like this.
5. **Praise** - Don't forget to praise your child for their efforts.